

#### **Communicate towards YOUR Professional Success**

Chih Au, District Trainer

# Why did you join Toastmasters?

Improve presentation skills?

Improve confidence?

Enhance body language?

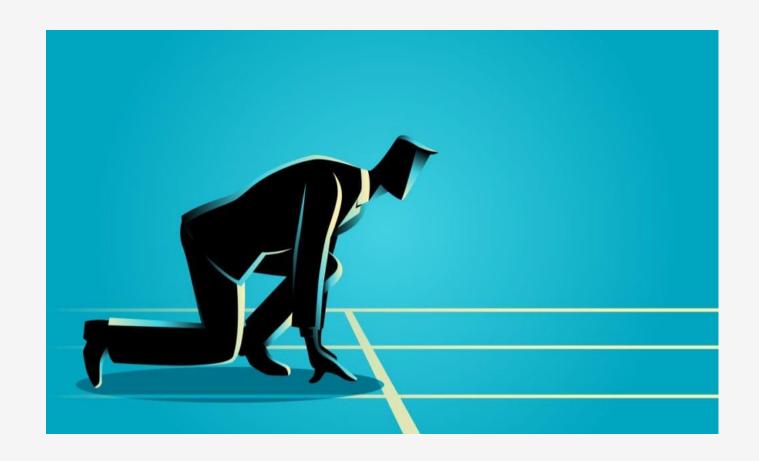


# Why did you join Toastmasters?

Seek greater success in your professional career?

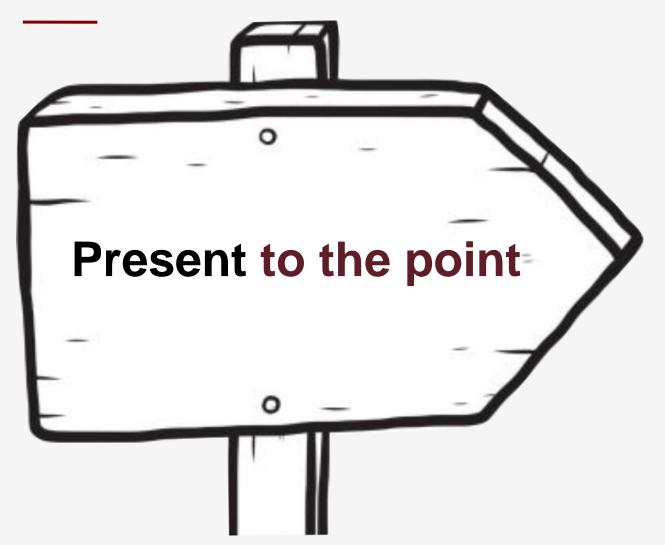


## **Journey to Professional Success with Toastmasters**





- Avoid unnecessary filler words by slowing down your pace of speech
- Use pauses to let your mind gather its thoughts
- Successful professionals know how to come across confident and appear credible to peers and seniors

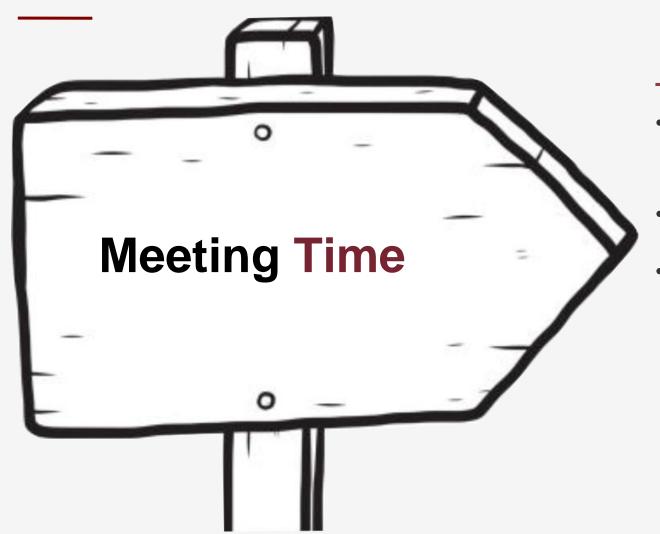


- Less is more
- Pitch Structure Problem, Solution, Benefits
- Successful professionals can draw attention quickly and get to the point in the shortest time possible.



- 1. Agree 2. Opinion 3. Action
- Successful professionals are able to speak up constructively amongst peers and seniors to help them stand out





- Hold shorter meetings to bring focus and attention.
- Wrap up with a summary to ensure a takeaway
- Successful professionals are able to hold meetings and bring conclusions in short time frames



- Begin with praising the good points
- Then provide constructive feedback
- Finish with a positive
- Successful professionals can help others do even better whilst keeping them motivated



- Sell with the story... then tell the idea
- Successful professionals know how to use stories to emphasise pain points to sell ideas.





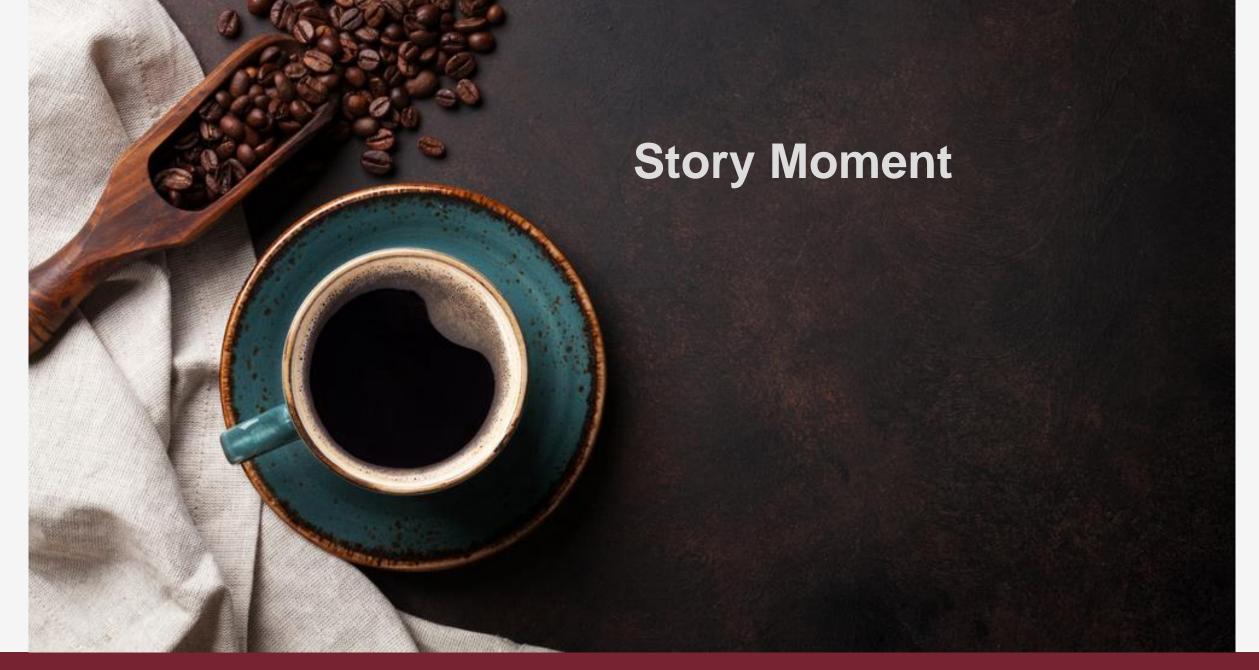
- Give a "Point" and state the "Action"
- Successful professionals are forward thinkers and speak with the end in mind and "Call for action".



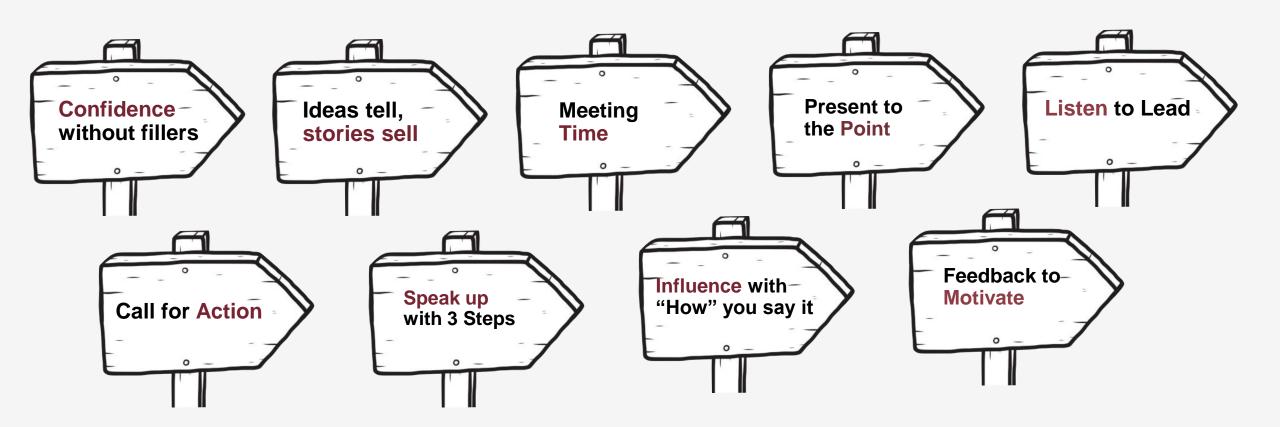
- Speak slower in key parts to gain audience focus and attention
- Speak faster to inject excitement
- Smile when speaking to come across likeable
- Successful professionals know to add character in their verbal communication to influence and stand out from the crowd.



- Listen and ask for more information
- Write down and refer to points you agree
- Write down and refer to points you want to constructively feedback
- Successful leaders are able to build trust with others through active listening.



### **Professional Success with Toastmasters**



# **Toastmasters = Gym for Professionals**

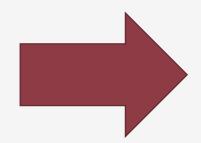


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## Let us hear your feedback!

Please scan the QR code and fill in the evaluation form





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